



Your neighborhood for a lifetime.

**MILL CITY COMMONS**

[WWW.MILLCITYCOMMONS.ORG](http://WWW.MILLCITYCOMMONS.ORG)

January 26, 2010

## MILL CITY MUSINGS

### February Activities Announced

The February Mill City Commons activity calendar went out last week and is full of some fantastic one- time opportunities including chances to:



Support relief efforts for earthquake victims in Haiti by packing food boxes at Feed My Starving Children. ([Click here](#) for details and to register)

Join VP (and MCC member!) Walter Mondale for a discussion on national security. ([Click here](#) for details and to register)

Sample some of the Mill District's best cuisine at Butcher Block. ([Click here](#) for details and to register)

February also features a number of our great ongoing events as well, such as our play reading group at the Guthrie, our yoga class and our *Compleat Scholar* lecture series in partnership with the University of Minnesota's College of Continuing Education. With activities like these winter will fly by!

### Neighborhood Happenings

*Hippocrates Café. Thursday, January 28<sup>th</sup>, 5:30pm. Mill City Clinic.*

The evening's show is being sponsored by the Department of Family Medicine and Community Health and will focus on the joys (and challenges) of family medicine, general practice, and primary care, all told through story, poetry, essay, and song. Enjoy chow from Chow Girls and drink at 5:30 pm; the show begins at 6:30 pm. To RSVP [click here](#).

### Special Offers

**Stage Combat for Teens at the Guthrie**

Looking for a gift for a child or grandchild who might be interested in Punches, Parries and Pummeling? This four week workshop designed specifically for teens and led by Combat Instructor and Fight Choreographer Carin Bratlie gives participants a hands on chance to develop your combatant skills. No experience? No problem! We'll start with the basics and have you crafting safe and realistic fight sequences in no time.

#### CLASS DETAILS:

Stage Combat for Teens - 4 weeks

No pre-requisite required / no experience necessary

Ages: 14-17

Capacity: 16 students

Dates: Saturdays - January 30 to February 20

Time: 10 a.m. to 12 p.m.

Class Fee: \$100 (DISCOUNT: Mill City Common's friends and family receive \$25 off )

Contact: Lily, 612.225.6172

### Meet the Neighbors!

Tomorrow morning marks the launch of MCC's bi-monthly breakfast with our neighbors at People Serving People! Join us for a delicious breakfast prepared by students in the culinary arts program, a tour and discussion with guests at People Serving People. For details and to register [click here](#).

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [emilyhutchinson@millcitycommons.org](mailto:emilyhutchinson@millcitycommons.org)