


March 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events			
			<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Join other MCC members at this exclusive Strength, Balance and Stretch class at 501F1T! </div>	1 7:30-8:30 am River Walkers 7:30-8:30 am Men's Coffee and Conversation 3:30-4:30 pm SBS Class	2 8:00-9:15 am Hatha Yoga	3	Rendezvous on 5 Wednesdays, 9:00 – 10:00 am Drop in for coffee with friends at the Guthrie's Level Five Express!			
4	5 7:35-8:35 am SBS Class 7:00-9:00 pm Tech Helpdesk	6 7:30-8:30 am River Walkers	7 8:00-9:15 am Hatha Yoga 9:00-10:00ish am Rendezvous on 5 & Book Chat 3:00-5:30 pm Social Bridge	8 7:30-8:30 am River Walkers 11:00 am-12:00 pm Hennepin Avenue Church Art Tour	9 8:00-9:15 am Hatha Yoga	10	MCC: Men's Coffee and Conversation Every other Thursday, 7:30 – 8:30 am Caffeine and camaraderie at Nicollet Island Inn for our male members!			
11 Daylight Savings 5:00-7:00 pm Sunday Soup Soiree	12 7:35-8:35 am SBS Class 7:00-9:00 pm Great Decisions	13 7:30-8:30 am River Walkers	14 8:00-9:15 am Hatha Yoga 9:00-10:00 am Rendezvous on 5	15 7:30-8:30 am River Walkers 7:30-8:30 am Men's Coffee and Conversation 3:30-4:30 pm SBS Class	16 8:00-9:15 am Hatha Yoga	17 St. Patrick's Day	SBS Class Mondays, 7:35 – 8:35 am and Thursdays, 3:30 – 4:30 pm Strength, balance, and stretch at 501F1T!			
18	19 7:35-8:35 am SBS Class	20 7:30-8:30 am River Walkers	21 8:00-9:15 am Hatha Yoga 9:00-10:00 am Rendezvous on 5 3:00-5:30 pm Social Bridge	22 7:30-8:30 am River Walkers 3:30-4:30 pm SBS Class	23 8:00-9:15 am Hatha Yoga	24	River Walkers Tuesdays and Thursdays, 7:30 – 8:30 am All level of walkers welcome for this walk along the banks of the Mississippi!			
		<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Don't miss Noël Coward's delightfully infectious comedy! </div>	25	26 7:35-8:35 am SBS Class	27 7:30-8:30 am River Walkers 5:00-6:00 pm Happy Hour	28 8:00-9:15 am Hatha Yoga 10:30-11:45 am Nosy Neighbor Tour: Guthrie Theater & 12:00-1:00 pm Lunch @ Sea Change 9:00-10:00 am Rendezvous on 5	29 7:30-8:30 am River Walkers 7:30-8:30 am Men's Coffee and Conversation 3:30-4:30 pm SBS Class	30 8:00-9:15 am Hatha Yoga	31	Hatha Yoga Wednesdays and Fridays, 8:00 – 9:15 am This alignment-based class is held at the Yoga Center of Minneapolis!
		<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Barbara McBurney hosts at Solera! </div>								

MILL CITY COMMONS DETAILED CALENDAR – March 2012

Tuesdays & Thursdays, March 1, 6, 8, 13, 15, 20, 22, 27, & 29, 7:30 – 8:30 am

River Walkers

All levels of walkers welcome for this early morning walk along the banks of the Mississippi River. To meet the group, show up at the Stone Arch Lofts parking lot. The group leaves promptly at 7:30 am and will proceed across the Stone Arch Bridge so members on the east side of the river can catch the walk as it comes down Main Street about 7:50 am.

Attention first time walkers: Please call Linnea Tweed at 612-455-3329 so she can ensure another member is available to greet you.

Stone Arch Lofts – Riverside parking lot

MCC MEMBERS & GUESTS *

Thursday, March 1, 15, & 29, 7:30 – 8:30 am

MCC Men's Coffee and Conversation Group

Caffeine and camaraderie for the male members of MCC! This group meets every other Thursday at Nicollet Island Inn and is hosted by various members who get the conversation going.

RESERVATIONS through <http://millcitycommons.org/events>. **Log in to register.**

Nicollet Island Inn

95 Merriam St

MCC MEN

Thursdays, March 1, 8, 15, 22, & 29, 3:30 – 4:30 pm

Mondays, March 5, 12, 19, & 26, 7:35 – 8:35 am

SBS (Strength, Balance, Stretch) Class

An exclusive opportunity (and great deal!) for MCC members, this weekly class focuses on strength, balance, and stretching to keep you fit and strong. Please register through <http://www.surveymonkey.com/s/MCCStrength>. There is a regular four-person minimum. **Cost:** \$20 – \$25/class depending on commitment. Please visit link for options.

501F1T

501 Washington Ave

MCC MEMBERS

Wednesdays & Fridays, March 2, 7, 9, 14, 16, 21, 23, 28, & 30, 8:00 – 9:15 am

Hatha Yoga

Created especially for Mill City Commons, this weekly Hatha class is an alignment-based class generally involving holding poses for slightly longer. This gives students time and confidence to learn to breathe easily and work into poses safely and to the best of their ability. The classes welcome students of all levels, with modifications given as

needed. **Cost:** Flexible 12-class pass: \$132 (paid directly to Yoga Center of Minneapolis) Drop-ins: \$12.50/class (no registration required)

Yoga Center of Minneapolis
212 3rd Ave. N. Suite 205
MCC MEMBERS & GUESTS

Monday, March 5, 7:00 – 8:30 pm

Complimentary Technology Helpdesk

Get all those nagging technology questions answered and find out how to make the most of your technology at our complimentary helpdesk, staffed by MCC's tech guru, Andy Trawick! Andy knows MAC, Windows, and Linux and can deal with whatever issues you may have in your digital life. Linnea will confirm the time of your 20-30 minute one-to-one session with Andy.

RESERVATIONS through <http://millcitycommons.org/events>. **Log in to register.**

MCC Office
17 4th Street SE
MCC MEMBERS

Wednesday, March 7, 14, 21, & 28, 9:00-10:00 am

Rendezvous on 5

Drop in and join your friends and neighbors at this neighborhood haunt. This adventure requires no reservations!

Rendezvous Readers' Book Chat, March 7

The first Wednesday of each month members share observations on a chosen novel. The book, *How It All Began*, by Penelope Lively -- Merle Minda starts the conversation. Whether you've read the book or not, enjoy a cup of coffee and fellowship with other MCC members.

Guthrie Theater Level Five Express
818 S 2nd St
MCC MEMBERS & GUESTS

Wednesday, March 7 & 21, 3:00 – 5:30 pm

Social Bridge

Join advanced or intermediate bridge players for a round of social bridge. You are expected to come with a partner at your level. (Advanced players play all the major conventions comfortably.) If you need help finding a partner, contact Linnea Tweed at 612-455-3329, and she will assist you. Play begins immediately at 3:00 pm.

RESERVATIONS through <http://millcitycommons.org/events>. **Log in to register.**

Stone Arch Lofts
Community Room
600 South 2nd St.
MCC MEMBERS & GUESTS *

Tuesday, March 8, 11:00 am – 12:00 pm

Hennepin Avenue Church Art Tour

Tour this beautiful church and visit the gallery that houses artworks acquired by Thomas Barlow Walker (founder and namesake of the Walker Art Center) and later donated to the church. Walker began collecting paintings in about 1874. In 1879 he began to admit the public into his house to view his growing art collection. Walker built at least four additions to the house at 803 Hennepin in order to house and display his collection of art objects.

Lunch 12:15-1:15 at Gather at the Walker across the street from the church.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Hennepin Avenue United Methodist Church

511 Groveland Avenue

MCC MEMBERS AND GUESTS *

Sunday, March 11, 5:00 – 7:00 pm

Sunday Soup Soiree

Join your friends and neighbors for a soup soiree hosted by Ellen and Jan Breyer. Several members are bringing their favorite soup to share. We're looking for a couple members to bring a salad, cookies or bars – let Linnea know if you'd like to bring food to share.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Ellen and Jan Breyer's Loft

700 South 2nd Street #62

MCC MEMBERS

Monday, March 12, 7:00 – 9:00 pm

Great Decisions Discussion Group

A Great Decisions Discussion Group is composed of interested individuals who want an opportunity to learn and participate in the foreign policy decision-making process. Discussions are centered on the *Great Decisions* briefing book developed by the Foreign Policy Association. This well researched annual publication provides eight timely global topics to be read by group participants prior to each session. This month's topic: *Middle East Realignment*; Elisabeth Bennett hosts.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

LaRive Community Room

110 Bank Street

MCC GREAT DECISION MEMBERS

Tuesday, March 20, 6:30-9:30 pm

Guthrie Play Reading: *Hay Fever*

Packed with wit, precision, and sheer outrageousness, Noël Coward's *Hay Fever* centers on the eccentric Bliss family: Judith, a recently retired actress; David, a novelist; and Sorel and Simon, their two oddball children. When each member invites a guest to their country estate without the others realizing it, it is the guests who pay the price.

Over the course of an afternoon and evening, alliances form and affairs are tested, as Bliss family drama takes center stage and all hospitality is thrown out the window. Don't miss Coward's delightfully infectious comedy of bad manners about a weekend getaway gone awry. A Guthrie dramaturg provides scripts and assigns parts.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

The Guthrie 8th Floor Learning Center

818 South Second Street

MCC MEMBERS AND GUESTS *

Tuesday, March 27, 5:00-6:00 pm

Last Tuesday Happy Hour

Join host Barbara McBurney for this month's happy hour. Catch up with friends and neighbors over drinks and small bites. Dutch treat!

Solera

900 Hennepin Avenue

MCC MEMBERS & GUESTS

Wednesday, March 28, 10:30-11:45 am

Nosy Neighbor Tour: The Guthrie Theater

Many of our newest members have not taken the Architecture Tour of this community gem. Influenced by the Mississippi River's proximity and beauty, architect Jean Nouvel's vision for "theaters in the sky" made way for countless architectural feats in the facility. Discover its features through this architecture tour -- covering everything from ground plans to groundbreaking, site selection, neighborhood influences and noteworthy elements that have garnered worldwide attention.

Lunch 12:00-1:00 pm: After the tour, enjoy lunch at Sea Change – a \$15 special menu will be available.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

The Guthrie

818 South Second Street

MCC MEMBERS

* GUESTS, please call 612.455.3329 or email info@millcitycommons.org to RSVP.