

# February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events
			<b>1 8:00-9:15 am</b> Hatha Yoga  <b>9:00-10:00 am</b> Rendezvous on 5 & Book Chat  <b>3:00-5:30 pm</b> Social Bridge	<b>2 7:30-8:30 am</b> River Walkers  <b>7:30-8:30 am</b> Men's Coffee and Conversation  <b>3:30-4:30 pm</b> SBS Class	<b>3 8:00-9:15 am</b> Hatha Yoga	<b>4</b>	<p><b>Rendezvous on 5</b> Wednesdays, 9:00 – 10:00 am Drop in for coffee with friends at the Guthrie's Level Five Express!</p> <p><b>MCC: Men's Coffee and Conversation</b> Every other Thursday, 7:30 – 8:30 am Caffeine and camaraderie for the male members of MCC!</p> <p><b>SBS Class</b> Mondays, 7:30 – 8:30 am and Thursdays, 3:30 – 4:30 pm Strength, balance, and stretch at 501F1T!</p> <p><b>River Walkers</b> Tuesdays and Thursdays, 7:30 – 8:30 am All level of walkers welcome for this early morning walk!</p> <p><b>Hatha Yoga</b> Wednesdays and Fridays, 8:00 – 9:15 am This alignment-based class is held at the Yoga Center of Minneapolis!</p>
	<b>6 7:35-8:35 am</b> SBS Class  <b>7:00-8:00 pm</b> Andy's Technology Helpdesk	<b>7 7:30-8:30 am</b> River Walkers  <b>10:30-11:30 am</b> Nosy Neighbor Tour: Open Book  <b>5:00-8:00 pm</b> Salsa Social	<b>8 8:00-9:15 am</b> Hatha Yoga  <b>9:00-10:00 am</b> Rendezvous on 5  <b>4:00-6:00 pm</b> MCC Board Meeting	<b>9 7:30-8:30 am</b> River Walkers  <b>3:30-4:30 pm</b> SBS Class	<b>10 8:00-9:15 am</b> Hatha Yoga	<b>11</b>	
<b>5</b>  Celebrate MCC's 4th Birthday!!!							
<b>12</b>	<b>13 7:35-8:35 am</b> SBS Class  <b>7:00-9:00 pm</b> Great Decisions	<b>14 7:30-8:30 am</b> River Walkers  Join us at the Guthrie for this weekly gathering!	<b>15 8:00-9:15 am</b> Hatha Yoga  <b>9:00-10:00 am</b> Rendezvous on 5  <b>3:00-5:30 pm</b> Social Bridge	<b>16 7:30-8:30 am</b> River Walkers  <b>7:30-8:30 am</b> Men's Coffee and Conversation  <b>3:30-4:30 pm</b> SBS Class	<b>17 8:00-9:15 am</b> Hatha Yoga  <b>4:00-6:00</b> Ice Skating at The Depot	<b>18</b>  End your adventure at Charley's Grill!	
<b>19</b>	<b>20 7:35-8:35 am</b> SBS Class  President's Day	<b>21 7:30-8:30 am</b> River Walkers  <b>6:30-9:30 pm</b> Guthrie Play Reading: The Birds	<b>22 8:00-9:15 am</b> Hatha Yoga  <b>9:00-10:00 am</b> Rendezvous on 5	<b>23 7:30-8:30 am</b> River Walkers  <b>3:30-4:30 pm</b> SBS Class	<b>24 8:00-9:15 am</b> Hatha Yoga	<b>25</b>	
<b>26</b>  <b>5:00-8:00 pm</b> Sunday Soup Soiree	<b>27 7:35-8:35 am</b> SBS Class	<b>28 7:30-8:30 am</b> River Walkers  <b>5:00-6:00 pm</b> Happy Hour  Mary Margaret MacMillan and Larry Neumann host at The Republic	<b>29 8:00-9:15 am</b> Hatha Yoga  <b>9:00-10:00 am</b> Rendezvous on 5				



For more information, visit [www.millcitycommons.org](http://www.millcitycommons.org) or call 612.455.3329.

## MILL CITY COMMONS DETAILED CALENDAR – February 2012

Wednesdays & Fridays, February 1, 3, 8, 10, 15, 17, 22, 24, 29, 8:00 – 9:15 am

### Hatha Yoga

Created especially for Mill City Commons, this weekly Hatha class is an alignment-based class generally involving holding poses for slightly longer. This gives students time and confidence to learn to breathe easily and work into poses safely and to the best of their ability. The classes welcome students of all levels, with modifications given as needed. **Cost:** Flexible 12-class pass: \$132 (paid directly to Yoga Center of Minneapolis) Drop-ins: \$12.50/class (no registration required)

Yoga Center of Minneapolis

212 3rd Ave. N. Suite 205

MCC MEMBERS & GUESTS

---

Wednesday, February 1, 8, 15, 22, 29, 9:00-10:00 am

### Rendezvous on 5

Drop in and join your friends and neighbors at this neighborhood haunt. This adventure requires no reservations!

### Rendezvous Readers' Book Chat, February 1

The first Wednesday of each month members share observations on a chosen novel. On February 1, **MCC Member Peg Kavaney** facilitates a conversation on *Carry Me Across the Water*. Whether you've read the book or not, enjoy a cup of coffee and fellowship with other MCC members.

Guthrie Theater Level Five Express

818 S 2nd St

MCC MEMBERS & GUESTS

---

Wednesday, February 1 & 15, 3:00 – 5:30 pm

### Social Bridge

Join advanced or intermediate bridge players for a round of social bridge. You are expected to come with a partner at your level. (Advanced players play all the major conventions comfortably.) If you need help finding a partner, contact Linnea Tweed at 612-455-3329, and she will assist you. Play begins immediately at 3:00 pm.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Stone Arch Lofts

Community Room

600 South 2nd St.

MCC MEMBERS & GUESTS \*

---

Tuesdays & Thursdays, February 2, 7, 9, 14, 16, 21, 23, 28, 7:30 – 8:30 am

### River Walkers

All levels of walkers welcome for this early morning walk along the banks of the Mississippi River. To meet the group, show up at the Stone Arch Lofts parking lot. The group leaves promptly at 7:30 am and will proceed across the Stone Arch Bridge so

members on the east side of the river can catch the walk as it comes down Main Street about 7:50 am.

**Attention first time walkers:** Please call Linnea Tweed at 612-455-3329 so she can ensure another member is available to greet you.

**Stone Arch Lofts – Riverside parking lot**  
**MCC MEMBERS & GUESTS \***

---

**Thursdays, February 2, 9, 16, 23, 3:30 – 4:30 pm**

**Mondays, February 6, 13, 20, 27, 7:35 – 8:35 am**

**SBS (Strength, Balance, Stretch) Class**

An exclusive opportunity (and great deal!) for MCC members, this weekly class focuses on strength, balance, and stretching to keep you fit and strong. Please register through <http://www.surveymonkey.com/s/MCCStrength>. There is a regular four-person minimum. **Cost:** \$20 – \$25/class depending on commitment. Please visit link for options.

**501F1T**

**501 Washington Ave**

**MCC MEMBERS**

---

**Thursday, February 2 & 16, 7:30 – 8:30 am**

**MCC Men's Coffee and Conversation Group**

Caffeine and camaraderie for the male members of MCC! This group meets every other Thursday at Nicollet Island Inn and is hosted by various members who get the conversation going.

**RESERVATIONS** through <http://millcitycommons.org/events>. **Log in to register.**

**Nicollet Island Inn**

**95 Merriam St**

**MCC MEN**

---

**Monday, February 6, 7:00 – 9:00 pm**

**Complimentary Technology Helpdesk**

Get all those nagging technology questions answered and find out how to make the most of your technology at our complimentary helpdesk, staffed by MCC's tech guru, Andy Trawick! Andy knows MAC, Windows, and Linux and can deal with whatever issues you may have in your digital life. Linnea will confirm the time of your 20-30 minute one-to-one session with Andy.

**RESERVATIONS** through <http://millcitycommons.org/events>. **Log in to register.**

**MCC Office**

**17 4th Street SE**

**MCC MEMBERS**

---

**Tuesday, February 7, 10:30 – 11:30 am**

**Nosy Neighbor Tour: Open Book**

Go behind the scenes of this neighborhood institution. We'll learn the history of the founding tenants, their artful renovation of contiguous warehouse buildings and the programs being offered today. Find out how Open Book helped revitalize a neighborhood and continues to ignite the imagination of all who visit.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Open Book

1011 Washington Avenue S

MCC MEMBERS AND GUESTS \*

---

**Tuesday, February 7, 5:00 – 8:00 pm**

**Salsa Social: Cold Night, Hot Salsa!**

Join us in celebrating Mill City Commons fourth birthday!

5:00 - Socializing (cash bar)

5:30 - Heavy Hors d'oeuvres

6:00 - Salsa Dance Lessons

6:00 - 8:00 - Dancing and Socializing

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Honey

205 East Hennepin Avenue

MCC MEMBERS

---

**Monday, February 13, 7:00 – 9:00 pm**

**Great Decisions Discussion Group**

A Great Decisions Discussion Group is composed of interested individuals who want an opportunity to learn and participate in the foreign policy decision-making process. Discussions are centered on the *Great Decisions* briefing book developed by the Foreign Policy Association. This well researched annual publication provides eight timely global topics to be read by group participants prior to each session. This month's topic: *Promoting Democracy*. MCC Members Karla Ekdahl and Peter Hutchinson host.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Karla Ekdahl and Peter Hutchinson's home

1621 Mount Curve Avenue

MCC GREAT DECISION MEMBERS

---

**Friday, February 17, 4:00-6:00 pm**

**Ice Skating at The Depot**

It's fun, it's romantic, and it's warm in the winter. Named one of the top ten best places in the United States to ice skate by the USA Today and MSNBC, The Depot Rink is a historic train shed that now houses a modern-day, indoor rink with floor-to-ceiling glass walls showcasing views of the downtown city skyline. \$8.00 - Adult Admission (18-61 yrs), \$6.00 - Senior Admission (62 yrs & up), \$6.00 - Junior Admission (17 yrs & under),

\$7.00 - Skate Rental, \$2.00 - Skating Trainer. Join friends for supper at Charley's after the skate.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

The Depot Ice Rink

225 South Third Avenue

MCC MEMBERS AND GUESTS \*

---

Tuesday, February 21, 6:30-9:30 pm

**Guthrie Play Reading: *The Birds***

Mysterious masses of birds have begun to violently attack at high tide, driving strangers Nat and Diane to take refuge in an isolated, abandoned house by the sea and form a bond to survive their haunting new circumstance. With no electricity and scarce food, the tension is palpable and hope is waning. Yet if two is company, three is a crowd, as the sudden arrival of a young woman with a mysterious nature of her own ruffles feathers in the house and quickly threatens to destroy their so-called sanctuary. A Guthrie dramaturg provides scripts and assigns parts.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

The Guthrie 8<sup>th</sup> Floor Learning Center

818 South Second Street

MCC MEMBERS AND GUESTS \*

---

Sunday, February 26, 5:00 – 7:00 pm

**Sunday Soup Soiree**

Join your friends and neighbors for a soup soiree! Host Patty Connelly is providing the salad. Several members are bringing their favorite soup to share. We're looking for a couple members to bring cookies or bars – let Linnea know if you'd like to bring dessert to share.

RESERVATIONS through <http://millcitycommons.org/events>. Log in to register.

Patty Connelly's Townhome

413 River Street

MCC MEMBERS

---

Tuesday, February 28, 5:00-6:00 pm

**Last Tuesday Happy Hour**

Join hosts Mary Margaret MacMillan and Larry Neumann for this month's happy hour. Catch up with friends and neighbors over drinks and small bites. Dutch treat!

The Republic

221 Cedar Avenue S

MCC MEMBERS & GUESTS

---

\* GUESTS, please call 612.455.3329 or email [info@millcitycommons.org](mailto:info@millcitycommons.org) to RSVP.