



Your neighborhood for a lifetime.

MILL CITY COMMONS

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April 13, 2010

MILL CITY MUSINGS

All MCC All the Time!

Play Reading at the Guthrie—*M. Butterfly*

Join us for the fourth play in the 2009-2010 Play Reading Series! The Tony Award winning *M. Butterfly* is a tour de force that traces lines of race, gender and power through love and deception. An evocative and beautiful blend of theatrical styles and voices, *M. Butterfly* marks the first staging of Henry Hwang's work at the Guthrie. The reading will begin at 6:30pm on April 14 on Level 8 of the Guthrie. The event is free for MCC members and \$10 for guests. Space is limited; please click [here](#) to register.

Just for MCC: Hatha Yoga at Yoga Center of Mpls!

Wednesdays, 8:15 – 9:15 am.
April 21 to July 7.

\$132 for 12-week session.

We need five people to make the class a go. Email [Emily](#) for more info and to sign up!

Energy Workshop

MCC member and recognized pioneer in integrative medicine Lois Libby Juster will introduce you to Integrative Healing as a complement to other approaches to medical care and as a way to heal physical, emotional, mental and spiritual blocks that are created throughout the course of our lives. Through energy, vibration and sound one can open the channels that restore harmony, balance and a deep sense of peace. The workshop will begin at 10am on April 17, location TBA. Click [here](#) to register!

Member to Member Volunteer Opportunities

New volunteer requests from members have recently been posted on our member to member volunteer site. [Click here](#) to check out what's available and register for the site if you haven't done so already.

Mill City Marketplace Vendor Spotlight



Founded in 2004 by friends Heidi Andermack and Amy Brown, Chowgirls Killer Catering has become a fixture in the Twin Cities entertaining scene, as well as a leader in the local organic foods movement. From American comfort food to vegetarian and spicy ethnic selections, Chowgirls' diverse menu offers a fresh approach to catering in the Twin Cities. Awards include: 2010 Reader's Choice - MN Monthly, 2009 Best Caterer - MN Women's Press, and 2008 Best Caterer - MN Bride, among many others. For more information on MCC vendors and discounts please email [Leah](#).

Neighborhood Happenings

National Healthcare Decisions Day. Friday, April 16 - 10:00 a.m. to 3:00 p.m. Medica Skyway Senior Center, 950 Nicollet Mall, Suite 290.

No registration necessary; presentation and assistance with completion of a health care directive. Sponsored by: University of St. Thomas School of Law and Medica Skyway Senior Center. Contact Heidi Hovis at hovi4306@stthomas.edu or Mary Fenske at onei3311@stthomas.edu for more information.

Transitions by Carolyn Brunelle. Opening Reception: April 16, 5-8 PM. On display April 16-May 29, 2010. Groveland Gallery, 25 Groveland Terrace.

Groveland Gallery is pleased to announce the opening of an exhibition of new paintings and monoprints by Carolyn Brunelle, a native Minnesota artist. Brunelle, long fascinated with vessels and their inherent symbolism, incorporates bottles, cups and bowls paired with vines in her mixed-media works. Also included in the show are more abstract compositions utilizing celestial-like orbs and iconographic fish.

Earth Day Clean Up April 17, 9:30 am-noon. Various locations.

Join your friends and neighbors for a morning of service and a lifetime of commitment to our environment. Refreshments, gloves and trash bags provided. [Click here](#) for a list of Earth Day Clean Up sites.