



Your neighborhood for a lifetime.

# MUSINGS

December 7, 2010

[WWW.MILLCITYCOMMONS.ORG](http://WWW.MILLCITYCOMMONS.ORG)

## MIA Tour: Art of the Native Americans - TOMORROW!

**December 8, 2:00 – 3:00 pm. Minneapolis Institute of Arts, 2400 3rd Ave S.**

We have just a few spots open on this tour of this exhibition of 110 of the most outstanding works of art drawn from the Thaw Collection of North American Indian art, comprised of more than 800 masterpieces of Native American art from across North America and spanning more than 2,000 years. The exhibition reveals the extraordinary range of art produced by Native American cultures.



Participants are welcome to gather for lunch at the MIA's ArtsCafé by D'Amico & Sons before the tour. Dutch treat! Let us know if you plan to have lunch at the museum.

**MCC members, [click here](#) to sign up.**

**Log in to the members-only website first to access all registration links!**

## More great MCC events - Sign up now!

**Brain Health Series: Creativity and Cognition. December 13, 4:00 – 5:30 pm. Guthrie Theater Livingston Conference Room, 818 S 2nd St.**

In collaboration with the Alzheimer's Association, MCC presents this three-part series discussing the effects of nutrition, exercise, and creativity on brain health, memory, and cognition. In this third and final session, learn the psychological effects of art making and its relationship to well-being through this interactive presentation and discussion. The event is free. Space is limited to



20 people. **MCC members, sign up [here!](#)**

**Compleat Scholar: Celtic Culture in Ireland. December 14, 6:00 – 8:00 pm. Guthrie Theater Livingston Conference Room, 818 S 2nd St.**

Delve into the rich history and contemporary controversy about the Celtic world, which influenced much of Europe from Ireland to Turkey before the Roman Empire ended its dominance. You will trace the development of Celtic culture from its origins to the present and explore what life would have been like in ancient days on the Emerald Isle at a time when society was defined by codes of kingship and the superstitions of mythology. Discover how Irish Celtic culture is still strongly rooted in language, literature, song, stories, and poetry. Also learn a few phrases of essential Irish. **Cost:** \$20 for members, \$30 for guests. **Members, sign up [here.](#) Guests, [email us](#) to register.**



**John Sten will be staying at Golden LivingCenter in Bloomington December 7-21, while Sabina recovers from hand surgery. He welcomes calls and visits from friends while he is away from home. To contact John, call 952-881-8676. Or stop by Golden LivingCenter, 9200 Nicollett Ave S, Bloomington, MN 55420.**

## But wait, there's more!

**Nosy Neighbor Tour: Mill District City Apartments. December 15, 1:30 – 2:30 pm. 225 Portland Ave.** We have just a few spots left for a private tour of the neighborhood's newest development. See the space and learn how it will impact life in the Mill District. Please meet in the lobby – space is limited to 15 members. **[Click here](#) to sign up now, MCC members!**



**Social Bridge. December 15, 3:00-5:30 pm. Stone Arch Lofts Community Room, 600 S 2nd St.**

Try your hand at bridge! Come for a short lesson, then stick around for formal play. **[Click here](#) to sign up, and let us know if you need help finding a partner.**

Please [click here](#) to unsubscribe from Mill City Musings.



## Turkey, Dressings, and Extra Helpings is underway!

Mail your **financial donations** (payable to Mill City Commons) by **December 15** to 117 Portland Ave #213, Minneapolis, MN 55401.

Drop off **cold weather clothing** (hats, mittens, scarves) and **small unwrapped gift items** (books, jewelry, cologne/aftershave) in the North Star Lofts lobby, **December 10-19**.



### Stay fit with MCC ongoing events!

**Strength, Balance, Stretch Class** at 501F1T, 501 Washington Ave, meets Mondays, 7:30-8:40 am, through December, with future scheduling to be discussed at that time. This **MCC members only** class requires four people registered by the Friday prior to each class. Learn more and sign up [here!](#)

**Hatha Yoga** at **Yoga Center of Minneapolis**, 212 3rd Ave N, Suite 205, is an ongoing class **open to guests**. Purchase a 12-class pass for \$132 directly from YCM to use as your schedule allows, or drop in on a class for \$12.50. Classes are Wednesdays and Fridays, 8:00-9:15 am. Contact [Dena](#) at 612.436.4700 for details.

**Friends of MCC: Please feel free to call our office at 612.455.3329 to learn more about our events! We are here to help our members and neighbors!**

### Additional Neighborhood Happenings

*VAN Forum: Careers: the Second Time Around. December 14, 10:30 am - 12:30 pm. Ramsey County Library, 2180 North Hamline, Roseville, MN 55113.*

Visions of retirement as a time of leisure are fast disappearing. Increased longevity, changing economics, and the boomers' desire to give back are forces a change. Today's retirees can look forward to several decades of good health. Few are interested in—or can afford—years of golf and travel. Instead, many are choosing encore careers—work in the second half of life that combines greater personal meaning, social impact, and, possibly, continued income. Phyllis Moen will provide background on the changes that are encouraging encore careers. Panel participants will reflect on their transitions from traditional careers to encore careers. The forum is free and open to the public. [Click here](#) to learn more and to register!

**Want more information on what's going on in the neighborhood? Check out [Mill City Times!](#) The website features news, events, and businesses in the Mill District.**

**What a site to see!**

*Architecture of the Air. December 16, 7 pm. Walker Art Center, 1750 Hennepin Ave.*

At the pinnacle of Klein's utopian vision was his research dedicated to *architecture de l'air*. Join Professor (and **MCC Member!**) **Leslie Van Duzer**, director of the School of Architecture and Landscape Architecture at the University of British Columbia, to learn how the elements fire, air, and water are used to construct Klein's "city of tomorrow." The lecture is free. Meet in the Bazonnet Garden Lobby. For more information, [click here](#).

*LearningLife Forum: Witness to History – John and Sage Cowles. December 16, 7:00 – 8:30 pm. 1890 Buford Ave, St Paul.*

In its inaugural year, this new monthly forum examines firsthand perspectives on the decisive moments and movements that have shaped our history. With topics ranging from milling to music, and civil rights to civic responsibility, the series allows participants to spend memorable evenings engaged in lively discussions with some of Minnesota's most legendary public figures, including some MCC members. This month noted arts patrons and **MCC members John and Sage Cowles** are nationally recognized for their roles in transforming the Twin Cities into a cultural destination. They will be talking with Tom Fisher, dean of the U of M College of Design. Cost is \$15.00. [Click here](#) for reservations and ticket information through the University of Minnesota. **Arrange carpools through the [R & R Forum](#) on the MCC website.**